archway
care + support built around you

ARCHWAY NEWS SPRING 2023

WELCOME TO OUR
Spring Newsletter

It has been an Eggstra special time at Archway!

The days are longer, the weather is getting warmer and as usual there has been lots going on.

We also have some exciting news about some of our latest projects, events and fundraising. . . .

Dates for your Diary

FORTHCOMING EVENTS

Sunday 14th May
Archway Fashion Show

Sunday 4th June
Aberdeen Kiltwalk

Friday 16th June
Archway Golf Day

Saturday 29th July
Strawberry Tea
@ The Hub
Cults Outreach Centre

Friday 29th September
Archway Race Night
@ The Ashvale

WESTBURN ROAD

Everyone is having fun . . .

Westburn Road has been very busy with activities such as weekly bowling trips, AMZ group at Sheddocksley, the Phoenix Club, dance groups and swimming.

Our knitting group has returned with Marisa, Rosalind and Nicola making blankets and pillowcases. Everyone has been enjoying themed nights in – including Games Nights where Pie Face is a hit in more ways than one!

The house looked lovely at Easter thanks to all the crafts and pictures Sheila, Carolyn, Nicola, John, Eilidh and everyone else made and everyone had a great time looking for eggs on our Easter Egg Hunt.

We are already planning and getting excited about our summer holiday breaks but before then we have the Archway Fashion Show to look forward to. Nicola, Eilidh and Susan are going to be modelling while Davey is going to be entertaining guests during the interval. **Hope to see you there!**

In house and out and about .

It has been a busy and fun time at Dyce over the last few months with both adults and children's groups enjoying a whole range of activities and experiences both in house and out and about.

We've had trips to the bowling, the cinema and Wynford Farm. Some groups have been on a train ride to Inverurie. We've been out for walks at the beach and had some snacks at the beach cafes, to Forest Dairy Farm for ice cream and back at Dyce inhouse discos, pamper sessions, movie and bingo nights have been a big hit!

DYCE

We were very busy over the Easter holidays doing lots of lovely crafts and of course an Easter Egg Hunt which everyone enjoyed.

We are looking forward to the warmer weather so we can do more outside in the garden and enjoy more outdoor activities and adventures!

Going on a bear hunt!

All our service users have been busy lately and we have had so much fun!

We have been to Valentines' discos, done lots of yummy baking, arts and crafts, made Easter cards and Easter decorations. We also made some lovely Mothers Days cards.

We went on a bear hunt, for some lovely outings and walks to the park and along the old railway line – we also went on a bear hunt!

Our movie and popcorn nights in the unit have been really popular – so have cinema trips, shopping trips and café stops for some tasty refreshments. Everyone has also been getting more involved with making dinner by helping prepare the veg etc.

All the bedrooms are looking lovely and the garden at the front and back has been tidied up beautifully thanks to our volunteers from Spirit Energy.

We are looking forward to spending more time in the garden over the next few months.

Getting ready to start planting their own garden

Our new supported living service at Huxterstone in Kingswells opened in December and Laura, Mark, William and Laura S have settled in really well.

They have been exploring Kingswells and getting familiar with the local shops and nearby walks. As well as doing their own cooking making delicious, home-made burgers, pizzas and bread, they have enjoyed lunches at The Village Hotel and evening meals, drinks and games of pool at the Four Mile House.

Everyone is excited about going to a Freddie Mercury Tribute Night in the near future too!

With the 'light nights' and spring weather, they are looking forward to getting into the back garden to start planting their own garden!

BOOK NOW!

Archway Charity Golf Day

Places are still available at our Golf Day at Peterculter Golf Club on Friday 16th June

Sponsored by Kellas and EnQuest

To book, or for more information please email janine.davies@archway.org.uk and share with any golfers you know!

Archway is TAQA's Charity of the Year

We are delighted that staff at TAQA in Aberdeen have chosen Archway as their Charity of the Year this year.

Thank you TAQA for choosing us - we are so pleased and excited and look forward to working with you this year.

TAQA

BERRYDEN MILLS

Bridget the Therapet - is a hit!

The ladies at Berryden are still enjoying attending their activities at Sheddocksley Community Centre, Inchgarth Community Centre and the Good Neighbours Group.

We are very pleased that our carriage driving sessions are starting again soon. The ladies sent some lovely flowers to their mums for Mother's Day.

All the ladies – and the staff - love the weekly visits from Bridget the Therapet. We really look forward to seeing her. She gets lots of hugs and tickles and leaves everyone with a big smile on their faces.

We do like a party at Berryden Mills and as we have a few birthdays coming up over the next wee while, we will be having lots of celebrations and cake.

On nicer days the ladies have been enjoying going out for a walk and a cup of something nice at one of the local cafes.

Holiday Fun for Archway Families

Dates are still available for Betty's Place, our wheelchair accessible holiday home in Nairn.

We've kept prices as low as possible so you enjoy a well-deserved break and make your own family memories.

To book, or find out more, please visit our website www.archway.org.uk or email admin@archway.org.uk

ST MARGARET'S PLACE

THE POLAR BEAR WAS OUR FAVOURITE!

The ladies at St Margaret's Place have been enjoying walks to Hazlehead Park and outings on the Archway minibus.

They braved the cold and went on a big adventure to see the new tiger cubs at the Highland Wildlife Park. They loved all the animals, but the polar bear was their favourite.

Lesley celebrated her birthday with the ladies and her Mum, Thelma and sister Shona at Dyce Farm restaurant followed by a lovely cake back at St Margaret's Place after.

Kirsteen has been enjoying her Mr Men books while Nicola loves having the music on and chair dancing to her favourite tunes! Rhona wore her odd socks with pride on World Down's Syndrome Day.

7til9 Club

Our 7til 9 Club is still going strong meeting weekly online and face to face with bingo and discos regular favourites.

It's a great way to make new friends and have some fun. It's open to all our adult service users.

If you haven't tried it yet but would like to give it a go please get in touch and we will help get you started!

An Amazing 16th Birthday Gift To Archway

Thanks to Lucy Machray who is doing a charity Sky Dive on the 30th April to raise funds for Archway and Forget Me Not in Banchory to celebrate her 16th birthday.

Lucy 's cousin Steven comes to Archway and she lost her Nannie to dementia a few years ago. Her Dad, Keith, is going to do the jump with her and they have raised an amazing £4000.

FOND FAREWELL

We said goodbye to Donna Leinster who worked at Archway Dyce for over 20 years before moving to help set up our Supported Living Service at Huxterstone and Anne Marie Woodside.

Anne Marie was the Manager at Archway Dyce before taking up the post of Operations Manager for Respite Services .

We wish them both all the best

Fashion, Fizz & Afternoon Tea!

Our models are getting organised, we've got the lovely Jeff Diack as our compere and tickets are going fast - so don't miss our amazing Fashion Show and Afternoon Tea at the **Altens Hotel** on **Sunday 14th May**.

Enjoy a glass of fizz, a delicious afternoon tea and fabulous fashion show with after show sale.

Tickets priced £29.50 are available by scanning the QR code or directly from Archway - email admin@archway.org.uk

Our heartfelt thanks to Kellas Midstream for their continued support this year and sponsorship of our Fashion Show and Golf Day. It has made such a difference and is much appreciated.

A GREAT TEAM EFFORT

Thanks to Joseph, Eeshan, Elizabeth, Lachlan and Freya from the International School in Aberdeen for choosing to support Archway this year.

They have already done a clothes collection at school for our Charity Shops, signed up for Kiltwalk, are taking part in the Fashion Show and are going to be volunteering at our Charity Shops.

The Trengove Family's Gift Will Leave A Lasting Legacy In Memory Of Anest

Archway has been given a wonderful legacy by the family of Anest Trengove, who died last September at the age of 47.

Anest had been living at Berryden Mills residential service for over 15 years. Her father, Graham, and sisters, Rebecca and Jennifer, decided to give the gift in recognition of the care she received there and how happy she had been.

The family's gift has been used to complete the funding of our new supported living service at Westhill, which has been renamed Anest House. It will also support the next special appeal to create another much needed supported living service so even more people will benefit.

We were so sorry to lose Anest but are honoured that her family has decided to leave this wonderful legacy in her memory. It will bring lasting benefits for many years to come and we cannot thank Graham, Jennifer and Rebecca enough.

For a copy of our legacy guide or for more information please contact Janine on 07833 208089 or email giving@archway.org.uk

THE SPIRIT OF VOLUNTEERING

Huge thanks to Laurie, Tracey and all the team at Spirit Energy who took on 2 volunteering projects – re-decorating the bedrooms and tidying the garden at Two Mile Cross and transforming the garden at Westburn Road. The results are amazing!

ANEST HOUSE

It was lovely to welcome so many people to the recently completed Anest House, our new Supported Living Service at Westhill earlier this month.

It was a major project for us and we are so grateful to everyone who lent their support in so many ways. The new residents will be moving in soon.

WE NEED YOU TO HELP US FUNDRAISE

It's Easy to Help

A huge thank you to all the families, individuals, companies, groups and Trusts that have supported our fundraising efforts recently.

We have to fundraise to afford the minibuses, special vehicles, special equipment, new services and the outings and activities that make such a difference to everyone coming to Archway and we need YOUR help.

There's lots you can do:

- Tell people about Archway and what we do and ask for their support
- Nominate Archway at work
- Set you own sporting, or other challenge
- Ask for donations to Archway in lieu of occasion or birthday gifts
- Make a donation or set up a regular monthly donation plan or remember us in your will
- Support our fundraising events

Archway Charity Shops

Throughout the year our charity shops in Aberdeen, Banchory and Stonehaven help raise much needed funds that support everyone coming to Archway - but we need your help.

Please donate YOUR preloved items especially ladies and gents clothing, household items, bric a brac, bags, shoes, jewellery, mirrors and paintings and ask your friends and colleagues too.

None of this would be possible without our amazing volunteer team and we can't thank them enough. If you, or someone you know has a few hours a week to spere, wants to make a difference and spend time with other like-minded people please get in touch.

You can drop off between 10am and 4pm Mon- Sat at Aberdeen and Banchory and 10am - 4pm Wednesday - Saturday at Stonehaven.

Bake Sale at EnQuest

We had our first Bake Sale at EnQuest this April and it was lovely to be back!

Thanks to all who bought and all who baked!

ACTIVITIES SCHEME

Shannon, our Activities Co-ordinator, left in December so there have been no activities at our Huntly Street base recently, but watch this space – we are recruiting and hope to start them again soon.

You can find us on social media and the internet:

www.facebook.com/archwayaberdeen

7till9 Club www.facebook.com/7till9ClubAberdeen

www.instagram.com/archwayaberdeen

www.twitter.com/archwayaberdeen

www.linkedin.com/company/archwayaberdeen/

If you can help with fundraising, have any questions or ideas, please contact our Fundraising Manager

Janine.davies@archway.org.uk or **call 07833 208089**

YouTube

We are also on YouTube – search for Archway Aberdeen

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