archway
care + support built around you

Welcome to our Spring Newsletter

There's been lots going on at Archway and we have lots of news to share with you!

As restrictions are lifted, everyone has been enjoying getting out and about again . . .

Westburn Road

It's almost a year since our newest Westburn Road residents- Eilidh, Susan, Michelle moved in and have all settled in really well.

There's been lots of activities at home from - morning exercise at the Rise and Shine Group, birthday parties and pamper sessions. Weekly activities include ice-skating and bowling while there have been trips much further afield to Perth, Blair Drummond Safari Park and Landmark near Aviemore. Paul is getting back into his gardening and Marisa enjoyed a trip to the theatre. Everyone had a great time at Westburn Roads' own private karaoke party at Bardots!

BETTY'S PLACE OPEN FOR BOOKINGS

Betty's Place - our holiday home at Lochloy Holiday Park in Nairn is open for bookings now.

It's in a great location near the beach and all local amenities, is wheelchair accessible, has a wet room, 2 twin bedrooms and an additional sofa bed in the living room. And because of our fundraising we keep the cost to families as low as possible.

Berryden Mills

All the ladies at Berryden Mills have been very busy!

Claire has been carriage driving and went bowling for the first time a few weeks ago. Morag, Anest and Mary go wheelchair dancing on a Tuesday which they all thoroughly enjoy.

Morag has also been getting her nails done and visiting Mum for a home cooked dinners! Anest continues to go out with her Daddy twice a week while Val enjoys doing the tapestries her brother sends her and her most favourite thing going to the Bingo with her niece. Beth has also started carriage driving again and enjoyed a trip to see the Singing Kettle with Laura. Laura enjoys time with Mum and Dad twice a week and has her 1-1, Amanda from Inspire on a Wednesday. Anna has enjoyed being home to visit her parents and brother and shopping with staff. In the evening she has been enjoying the sensory lights and a story. Leo the therapet dog is loved by all while visit from staff fur-babies has gone down a treat!

St Margaret's Place

Rhona, Kirsteen, Lesley and Nicola have been living life to the full at St Margaret's Place! At home they have regular music sessions with karaoke and dancing. They also enjoy baking, doing games and puzzles and getting spoiled on their regular pamper evenings. Out and about they have been to Banchory, The Spotty Bag Shop at Banff, St Cyrus an Balmedie Beach. They went to Stonehaven and popped into our new shop as well as going to beach and having a chippie tea! All of them love the Chance to Dance Group on Wednesdays and Bingo on Thursdays! On the lovely days we have been having recently, the ladies have had fun in the sun in the garden enjoying picnic, garden games and skittles.

Dyce & Two Mile Cross

At Dyce and Two Mile Cross respite breaks have been enjoyed by all with outings and day trips to local parks and centres, walks, shopping, coffee stops and ladies lunches to name but a few. At home there have been games nights, movie nights, baking and breakfast making, music and much, much more to ensure respite breaks are fun packed and looked forward to.

Archway@Home

Lots of activities continue to be enjoyed online and face to face through our Archway@Home Programme.

7till9 Club

Our members love their weekly online Club and thanks to our recent funding award, are beginning to enjoy regular face to face get togethers so they can catch up and have fun with their friends.

Kindness At Sad Times

Our thanks to the families who have remembered Archway recently at times of loss. We hope that knowing their gift will do so much good may bring some comfort at a sad time.

Grant Success

We are delighted to have been awarded £27, 340 from the Communities Mental Health & Wellbeing Fund!

The grant will enable us to continue and expand our Archway@Home Activities programme from July this year to combat some of the devastating effects the Covid 19 Crisis has had.

We were also awarded almost £2000 to fund regular meetings and fun activities for the 7til9 Club.

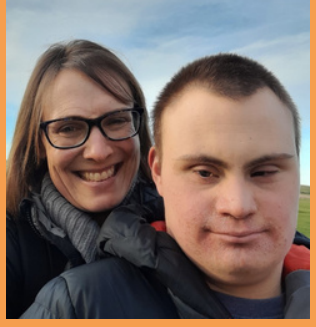
Archway Charity Shops

We now have a shop in Barclay Street in Stonehaven as well as Aberdeen. As always our heartfelt thanks to our amazing team of volunteers – and special thanks to 2 very special customers.

Caryn, who works for the Yorkshire Building Society in Aberdeen, loves our Charity Shop in Rosemount so much she nominated us for an award. We got a grant from Yorkshire Building Society Charitable Foundation for over £1500 to fund crafts and activities at all our services. Thank you Caryn!

5 year old Edith Macdonald, whose Granny Avril is one of our amazing volunteers, raised £40 doing a sponsored walk and wanted to donate the money to Archway. Thank you so much Edith - and well done!

Giving Back at KiltWalk



Rebecca is doing the KiltWalk for her brother Shaun who comes to Archway.

Said Rebecca: *"Archway is a charity so close to our hearts and we see first-hand just how special it is".*

Archway Mum, Stephanie Brock along with 6 colleagues, Rebecca Sales, Grace Brodie, Siobhan Wilson, Julie Stewart, Keri Bremner and Laura Lambert have taken on the Mighty Stride for Archway at this year's KiltWalk. Steph's son Adam is helping his Mum get some miles under her belt!

"He has always been my inspiration, and keeps me entertained as we walk."

You can sponsor Rebecca, Steph and Adam by clicking on the link:

https://aberdeen.thekiltwalk.co.uk/fundraising/AberdeenKiltwalk2022-RebeccaGardiner

http://www.justgiving.com/AberdeenKiltwalk2022-StephanieBrock

Lots of Pennies . . .

Make lots of pounds. Archway Mum Pat Stanley has helped raise almost £1500 through Penny Pots at our Charity Shops.

Thanks to everyone who filled and returned one. You can do it at home with our Archway House collection boxes or any empty jar you have and help us turn more pennies into pounds.

A big thank you to everyone who has supported us. Whatever you do makes a huge difference.

Handmade

Archway Mum Lisa Thomson continues to make and sell her beautiful handmade cards for Archway. You can buy the cards at our Charity Shops or from Orka.

Tracey's Taking to the Skies for Archway

Daredevil Tracey, who works at St Margaret's Place, is doing a Sky Dive to raise funds for Archway. Tracey- who did a sponsored headshave for us last year -will complete the 10,000 feet jump at Erroll Airfield in Perthshire on Sunday 19th June – and the ladies form St Margaret's Place are going to there to cheer her on. Wishing you the best of luck Tracey.

You can support Tracey via her JustGiving page:

http://www.justgiving.com/Tracey-Smith144

IADC North Sea Chapter Lend Their Support

Our heartfelt thanks to all the members of the IADC North Sea Chapter who gave us a fantastic £5000 donation.

Prizes Kindly Donated!

Thanks so much to The Terrace Hair Salon in Westhill, Peter and Paula Fogiel and Margaret Gibson who handed in some lovely goodies for us to use in raffles and events this year.

Have You Signed Up For the Aberdeen Kiltwalk Yet?

It's not too late. Just go to **www.thekiltwalk.co.uk/events/aberdeen** register and choose Archway as your chosen charity!

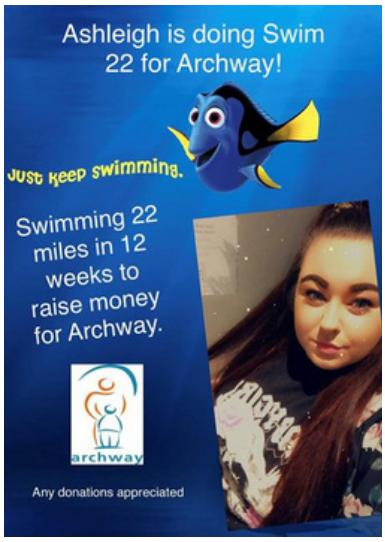
And ask you family, friends, and colleagues to join you. It's great fun for a great cause and remember, everything you raise will be uplifted by 50% by the Hunter Foundation!

Aberdeen Student Show People's Choice

We were delighted to be the first People's Choice Charity for Aberdeen Student Show. It means we are guaranteed a Gold Support Package.

A HUGE thank you to everyone who voted and for your amazing tributes. The show is on at HMT from 20th – 23rd April. Tickets are available via the link:

https://www.aberdeenperformingarts.com/whats-on/dirty-danestone/



Ashleigh's Big Splash for Archway

Ashleigh, who works at Westburn Road, has taken on the Swim 22 Challenge to swim 22 miles in 12 weeks to raise funds for Archway.

You can support Ashleigh now via her JG page. The link is: **https://www.justgiving.com/fundraising/ashleigh-gordon1**

Corporate Supporters Lend A Hand

A huge thanks to Kellas Midstream who are continuing to support Archway this year.

BP Sub Sea

Thanks to the team at BP Subsea who will be completing more of their fantastic volunteer projects this year.

McGintys Group

Thanks to McGinty's Group for their on-going support.

We Need You Support Now

All the money we raise helps everyone coming to Archway now and in the future. Here are just a few things you could do:

- Tell people about Archway and what we do
- Nominate Archway at work
- Set you own sporting, or other challenge
- Ask for donations to Archway in lieu of occasion or birthday gifts
- Make a donation or set up a regular monthly donation plan
- Leave a legacy - a gift that will change lives for a lifetime and beyond
- Volunteer or donate goods to our Charity Shop.

To discuss any ideas or if you would like more information or help with a fundraising event, please contact:

janine.davies@archway.org.uk or call **07833 208089**

New Supported Living Service Appeal

In addition to our normal fundraising, we are now trying to raise an extra £70,000 towards the cost of our next Supported Living Service.

Please help now - and spread the word!

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7till9 Club
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