

Welcome to our second “lockdown” newsletter!

We are missing all of our respite users and their families and we know our permanent residents and their families are all missing each other too. We hope that by keeping in touch it helps just a little bit.

We can't wait to see everyone again but until then we have started to introduce a programme of virtual activities and get togethers – more about this below!

We are also posting regular updates on our social media pages so please like and share our pages – links below!

### What's been happening at Archway?

Despite the lockdown there has been lots going on - residents at Westburn Road have been getting fit on the exercise bike and pedal exerciser that were kindly donated to them. The ladies have all been busy knitting with the lovely wool donated by local Rosemount wool shop Wool for Ewe.

Our Berryden Mills residents have been busy crafting, baking and playing bingo while all the ladies at St Margaret's Place have enjoyed pamper nights and spending time in the garden.

Special thanks has to go to all our staff who have been working so hard to keep everyone safe, well and happy during this difficult time.

### What's been happening with you?

Tell us what you have been up to during lockdown and we can share your stories on our social media pages. You can send your pictures to [janine.davies@archway.org.uk](mailto:janine.davies@archway.org.uk) or message us on Facebook.

### Live for Archway

Our Live for Archway Concert in April was a great hit. Talented singer Morgan Thomson, whose sister Becca comes to Archway, performed songs requested by Archway families and our permanent services and read out their messages. Everyone really enjoyed it.

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### Giving Tuesday

Lots of families, supporters and all our residents took part in our Giving Tuesday event on the 5th May. The ladies at Berryden Mills walked 1 mile - 147 laps of their communal corridor! St Margaret's Place held a dance-a-thon while everyone at Westburn Road did 26 laps of the garden. Great fun was had by all and over £3000 was raised - a HUGE thank you to everyone who took part and sponsored us.

### Aberdeen Kiltwalk

While the event was postponed, it was decided that participants would receive all sponsorship pledged by the 5th of May uplifted by 50% by the Hunter Foundation. Thanks to the generosity of our families and supporters I am delighted to say that Archway Kiltwalkers raised a fantastic £4,741 which was doubled by the Hunter Foundation to an AMAZING £9,482! Special thanks to all our Kiltwalkers - Lynn, Thelma, Pat, Phyllis, Belinda, Ellie, Ann, Steve, Emily, Heather, Rebecca, Ruby, Thelma, Patrick, Aiden, Michael, Patrick, Alison and Janine.

### 7 till 9 Club

Our 7 till 9 Club is starting again this Thursday by Zoom! Everyone is welcome so please join us if you can. The link for joining the zoom session is on the Club's Facebook page as well as on our new Archway @ Home Facebook Group.

### Archway @ Home

Although we might not be able to provide any respite at our services just now our respite managers have been looking into ways that we can keep in touch as well as looking at what other types of support we can provide. Starting this week we are putting together a program of "virtual" support and get-togethers and we are planning to use a variety of ways to keep in touch, such as telephone calls, FaceTime, social media and Zoom. We have also set up a private Facebook group - **Archway @ Home**, where you will find all the information about what we are doing.

Click to join <https://www.facebook.com/groups/288563698971830/>

### Keep in touch and Keep up to date

Email us: [admin@archway.org.uk](mailto:admin@archway.org.uk)

Like and follow our social media pages:



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