

Supporting children and adults with learning disabilities and their families

November 2019

# **Fundraising**

It has been a very busy 6 months on the fundraising front! A huge thanks to all the companies, groups, individuals and families who have supported us or volunteered for special projects. You have been amazing and made a huge difference.

Our **Psychic Night with Annie Moon** in March raised over £1000

**Wool For Ewe** on Rosemount Place raised almost £600 at their Yarn Shop Day event

We were the **Brig O'Don Pub & Grill's** nominated charity in June and received a £100 donation

Archway Dad **Kevin Dawson** nominated Archway to benefit from the Grampian Eye 2019 Photography Competition and we received over £1500

Collecting cans at McGinty's Meal & Ale, and The Stag Bar brought in almost £200



The TSB in Dyce did an Easter fundraiser and Matthew and Robbie climbed Ben Nevis in May raising almost £1000 for Archway Dyce.

**Our Golf Day at Peterculter Golf Club** in May raised over £5000

**Dyce & District Amenities Committee and Dyce Rotary Club** donated £500 to Archway Dyce

The BP Subsea Team did an amazing garden makeover at Dyce



Over 20 people – families and members of BNI Alpha - made up the 20 strong Archway team at the Aberdeen Kilt Walk in June and raised a fantastic £6000

Aberdeen University Students RAG Campaign donated over £10,000 for a wheelchair ramp at St Margaret's Place and a portable snoozelen at Berryden Mills

Volunteers from Spirit Energy tackled the gardens at Two Mile Cross and Westburn Road and gave our Admin Office its first coat of paint in at least 15 years!

**EnQuest** continue to support us and are sponsoring our Christmas Party this year.

**ASDA Bridge of Dee** kindly donated £750 towards our Christmas Festivities



Phil Machray – whose son comes to Archway – completed the Great Aberdeen Run and raised over £600.



## **Archway Charity Shop**

Everyone is just loving our Charity Shop. Our 2 new managers – Jan and Kelly - and all our fantastic volunteers are doing a great job. Thanks to everyone who donates such amazing things for us to sell. Emily, Nicola and Greg, who are all Archway respite users, are also volunteering in the shop too and we also have Becca on a volunteering placement from Orchard Brae School. Our first Fashion Show in June was a sell out! It featured service users, families and volunteers who strutted their stuff brilliantly at the Palm Court Hotel. It was so successful that another bigger event is planned for next year. Don't miss our Families & Friends Shopping Night on Thursday 21st November from 4pm - 8pm.

Want to join the team....we are so busy that we are looking for more volunteers - if you can spare just a few hours a week, enjoy meeting new people and want to do something fun contact Janine on 07833 208089 to find out more.



Our Charter for Involvement Steering Group has now had their first meeting. This group is made up of Archway managers and staff, an Archway Board member and a parent representative. At the first meeting the group went through the statements that are included in the Charter and identified a number of actions to take forward one of which was to set up a service user group. If this is something that you would like to be involved in please get in touch – we look forward to hearing from you. For more information about the Charter you can visit <a href="https://www.arcscotland.org.uk/involvement/charter-for-involvement/">www.arcscotland.org.uk/involvement/charter-for-involvement/</a>

# **Archway@St Margaret's Place Supported Living Appeal**

#### We did it!!

The funds were raised, the work completed on time and Lesley, Rhona, Nicola and Kirsteen moved into St Margaret's Place at the beginning of June. Our heartfelt thanks to all the families, Trusts and companies whose support made this possible.

Please get in touch if you have any birthdays, special occasions or sporting events coming up and you would like to support Archway.





# Betty's Place at Nairn -

book now for next year!

It is so nice to hear how much everyone has enjoyed their stay's at Betty's Place, our holiday home at

Nain, it closes at the end of November but will open again in March next year so please get in touch if you would like to make a booking.

Contact our Admin Office on **01224 643327** to book now or visit our website where you can book online.

### **Berryden Mills**

Hello from all of us at Berryden Mills! We have had lots of changes at Berryden recently, our shared care service ended in June and the service has now become all permanent care. We had a leaving party for Nicola and Kirsteen who moved on to their new home at St Margaret's Place, we were sad to see them go but also very happy for them moving into their lovely new home. We then had a special evening to welcome Claire, Mary, Laura and Beth into permanent care! In March we had great fun with our Red Nose Day Party. We also had an Easter Egg Hunt in the unit even more exciting was finding eggs in May and June that we had missed during the actual hunt!! We went to the Extreme Circus, Camperdown Park, Stonehaven and Dunnottar Castle, Easter Anguston Farm, and The 'Oor Wullie Tour' was very popular. Four residents have enjoyed short breaks at Betty's Place in Nairn. We really appreciate the work the staff put in, in organising and supporting the ladies to have these breaks. In-house activities include Disney-Sing-alongs, regular Bingo sessions organised by our resident Bingo Caller Valerie who calls out the numbers the good old fashioned way...Knock on the door its number 4!! Music Sessions, Book Club, pamper and massage nights, exercise nights and we now also have fortnightly visits from Leo a Therapet Dog. We are currently busy getting decorations made for Halloween and re-vamping our Activity Room. Staff member Jane and her husband Pete have very kindly given up a lot of their own time putting together all the flat pack furniture we have purchased for the activity room. We would also like to take this opportunity to thank all the families who very kindly give donations and gifts to the unit we really appreciate it. We said goodbye to staff member Emily who was moving to

Glasgow and Laura who transferred to Two Mile Cross, and welcomed Keri to the staff team and Lorraine to Day Group.



## **Dyce**

Hello Everyone

It's been a very busy time at Dyce. Have bus - will travel! In our lovely wheelchair accessible bus bus we've had day trips to Cullen, Portsoy and to the Spotty Bag Shop in Banff! We went strawberry picking at Barra Berries, to the beach at Stonehaven and to see all the amazing underwater creatures at Deep Sea World near Edinburgh. We also like travelling by train at Dyce and we took the train out to Inverurie too.

We've been ice-skating, bowling, swimming, trampolining to Codona's, the Duthie Park. Hazlehead Zoo and to meet the huskies at Husky Haven which everyone loved.

At the unit, our wheelchair roundabout was well used and lots of fun all over the summer months and we had lots of other unit based activities including garden games, pamper nights, games nights and craft sessions. Craig and the amazing volunteer team from BP Subsea came and gave our garden a wonderful makeover. Inside we redecorated our living room and bought some lovely new dining tables too.

Our Friends of Dyce Group organised a Families Soup and Sandwich Gathering at the unit in September and has organised our Xmas Fair at Dyce Church Hall on Saturday the 23rd November from 10am - 12 noon and we hope all of you will be able to come. On the staff side, we said a sad farewell to Mel who left to further her education and welcomed Ashley, Makensie and Sasha.



#### **Two Mile Cross**

Hello from TMC! We have welcomed a new Unit Manager to the service after saying a fond farewell to Wendy. Angi has been getting to know everyone who comes to the unit and their families.

If you have not already met Angi, her office door is always open for a chat. We've had a busy few months, we have had lots of fun going to both Duthie and Hazlehead Parks with picnics, and we've also been iceskating and swimming. Everyone always loves a party or disco and we are lucky enough to have Inchgarth Community Centre on our doorstep. We are looking forward to going to Saturday discos there when they start up in November.

Volunteers from Spirit Energy worked their magic on our garden and painted the decking and swing seats and it is looking great. We are looking forward to next spring and plan to get some of our keen gardeners planting some vegetables and nice flowers. Also enjoying the garden is our new resident, Miko the rabbit.

Thanks to all who came to our recent Coffee Morning. We will be sending out invites soon for a Christmas themed get together and hope to see more families then. We have a few fun things planned for later in the year. The Critter Keeper is coming to show off some of the creepy crawlies. We also have a Princess party planned and our girlie groups are going to enjoy dressing up and all things fit for a princess!

We had a routine visit from the Fire Service and they have offered to come to the unit with the fire engine, so if you know anyone who would especially love to see this, please get in touch and we can get it planned for their respite visit. We now have a full staff team and are looking forward to settling down and planning for lots more



#### Westburn Road

It has been a busy few months in respite with a flurry of outings and activities. In March we had a successful coffee morning. During the Easter holidays the children's group went trampolining. Ross had his 21st birthday and those who travelled to Huntly for his party had a great time. In May we had an afternoon tea for Lesley and Rhona and their families and wished them well for their move to St Margaret's Place. We went to Deep Sea World in June and Stephanie went out looking for "oor Wullie". Shaun and his band played at the Archway Fashion Show and thoroughly enjoyed it. We said goodbye to Colin in July who moved into permanent accommodation. We have been going to watch Aberdeen play at home - much needed support for the Dons! The discos at the Treetops are always popular and we have been to the cinema and out for meals. We welcome Leah and Stephanie to the respite staff team and have said goodbye to some of our relief staff as they move on to other things.

It has also been a very busy summer in

permanent care. We said a sad farewell to Malcolm in March and we wish him all the best in his new home. We welcomed Davey to the house in October, Paul is looking forward to having another male resident to even up the numbers and to share his interest in music! Nearly all the residents enjoyed a holiday at Bettys Place with staff. Residents and staff are now very familiar with Nain and the caravan park, so they really make the most of the facilities. Residents continue to enjoy their different activities, and this has included Ann going to HMT to see Jason and his amazing Technicolour Dreamcoat and Annie. Nicola enjoyed Saturday Night Fever and got one of our new members of staff up dancing. Sheila has enjoyed the Aberdeen Comedy Festival amongst many other social outings. Carolyn, Nicola and Rosalind have completed a 6-week "Healthy Helpings" course run by NHS Grampian and are so keen they want to continue and keep up what they have learned. They are now telling the staff what they should eat and what is healthy. Gary and Georgie took some of the residents out to Aboyne to see Georgie's horses and everyone enjoyed

feeding them. John particularly liked the farm and seeing the animals.

We were delighted to have a garden makeover and tidy up from Spirit Energy in August, the volunteers worked very hard and we are enjoying a tidy garden. Our new handyman Bill is busy with lots of jobs at Westburn Road and it is great that he enjoys gardening so we can look forward to a colourful garden here next Spring.



## St Margaret's Place

Wow what can we say, it has been a busy few months since the ladies moved in! Everyone has settled in well and the staff has eventually finished unpacking all their clothes! All the ladies have found something that they really enjoy doing. Lesley enjoys making meals and desserts for everyone and loves cleaning her room and doing the hoovering. Rhona really enjoys having a pamper session and having a soak in the bath. Kirsteen has enjoyed becoming part of the community, meeting

and interacting with new and different people and has bumped into a few people she used to go to school with. Nicola has been able to start going swimming again and she loves it! The ladies have been super busy, along with the staff! They have been doing lots of different activities and attending local groups such as sensory storytelling, Feel Good Friday, ice-skating, disco's as well as a day trip to Blair Drummond, which was on the hottest day of the year! Everyone can't wait to see what the next 6 months bring!



Archway is **[** 

Next year Archway will have been providing services for 30 years and we will be planning a few special events and launching a special appeal to celebrate - look out for more information about this early next year.

In the meantime, don't forget - we need your support all year round. There's lots you can do!

- Support our fundraising events - and ask friends, colleagues and other family members to support them
- Donate you can donate directly or on line via JustGiving

next year!

Take part in another sponsored event for Archway

- Organise your own fundraising event
- Donate raffle prizes, bottles for bottle stalls etc.
- Nominate Archway to benefit from a special occasion
- Become A Volunteer
- Keep filling the Archway collecting houses and donate small change for big change
- Sign Up To Amazon Smile and easyfundraising – where you can give to Archway while you shop, without costing you anymore

Got A New Fundraising Idea? Want some help to organise your own one?

Doing your own sporting challenge or taking part in an organised one!

Please remember Archway. If you need any help or advice contact Janine on 07833 208089.





# Forthcoming Events...

Sunday 17th November 2pm - 4.30pm

**Archway Charity Shop** WSION Afternoon Tea

at the Froghall Community Centre, 14 Powis Place

A wonderful fusion of Asian savouries and traditional home-bakes served on vintage china. Henna hand painting \*Raffles\*Pop Up Shop

**Tickets £7.50** from Archway Charity Shop & our Admin Office



#### Families and Friends Xmas Shopping Night

Thursday 21st November 5pm - 8pm **Archway Charity Shop** 95 Rosemount Place

Fizz, fun & lots of lovely Xmas Gift Ideas to make Xmas shopping extra special



Saturday 23rd November 10am - 12 noon Archway Dyce Christmas Fair

Dyce Church Hall All Welcome Stalls\* Home bakes\* Refreshments

Sunday 8th December 1pm - 4pm **Archway Xmas Party** 

Aberdeen Marriott Hotel, Dyce DISCO \* MEET SANTA \* MAGICIAN \* FACEPAINTER \* GLITTER TATOOS \* FINGER BUFFET \* CASH BAR RSVP Tel 01224 643327 email: admin@archway.org.uk





### KiltWalk Aberdeen Sun 7th June 2020

Get those walking boots on and raise funds for Archway at Kiltwalk 2020. We are hoping to

get at least 30 people walking for Archway in our 30th birthday year! There are 3 walks available to suit all ages and abilities. Register through the official KiltWalk website google Kiltwalk2020 and nominate Archway - we

are one of the registered

charities.

# Archway Charity Golf Day

Peterculter Golf Club Friday 29th May 2020

Enjoy a great day's golf with colleagues, clients or friends and support Archway at the same time. We've organised a great package including, a round of golf for 4, bacon rolls on arrival.

Supper and Prize giving after the Tournament Complimentary Goodie Bags and on – course refreshments. The price per team is great value at £395.

For more details about these events contact Janine email Janine.davies@archway.org.uk or call 07833 208089

# Archway Fashion Show 2020

Our next Charity Shop Fashion Show is going to be even bigger and better!! Look out for details soon!